



2019

MAY

Elementary Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday | |
|---|---|--|---|---|---|
| Daily Sides Sweet Corn Green Beans Fresh Apple 100% Orange Juice | Daily Sides Vegetarian Baked Bean Green Peas Fresh Apple 100% Fruit Sorbet | Daily Sides Mashed Potatoes Broccoli Cup Fresh Apple Sliced Peaches | Daily Sides Vegetarian Baked Bean Roasted Sliced Carrots Fresh Banana 100% Apple Juice | Daily Sides Green Peas Or Tater Tots Baby Carrots Fresh Apple 100% Fruit Sorbet | <p>More Info...</p> <p><u>Offered Daily:</u></p> <ul style="list-style-type: none"> -Low fat Choc -Low fat Straw -Plain 1% & Skim <p>Sun butter & Jelly Sandwich</p> <p>Cheese Pizza</p> <p><u>Entrée Salads</u> offered with whole grain snack or bagel</p> <p>100% Fruit Sorbet Tuesdays & Fridays</p> <p>MONTHLY WELLNESS CHALLENGE: Stay Hydrated!</p> <p>NEW ITEMS!</p> <p>French Toast Sticks</p> <p>Beef Cheesesteaks on Hoagie roll!</p> <p>Menus are subject to change without notice.</p> |
| | | 1 Early Dismissal Bagel w/ Sunbutter Apple Slices, Carrots, & Milk | 2 Mozz Sticks w/Sauce Pizza Wedge Popcorn Chicken Salad | 3 French Toast Sticks Pizza Wedge Popcorn Chicken Salad (Tater Tots) | |
| 6 Chicken Patty Sandwich Pizza Wedge Hummus Platter | 7 Walking Taco Pizza Wedge Hummus Platter | 8 Country Chicken Bowl Pizza Wedge Hummus Platter | 9 Meatball Hoagie Pizza Wedge Hummus Platter | 10 Chicken Tenders Pizza Wedge Hummus Platter (Green Peas) | |
| 13 Cheeseburger Pizza Wedge Popcorn Chicken Salad | 14 Soft Taco Pizza Wedge Popcorn Chicken Salad | 15 *T. Pepperoni Pocket Pizza Wedge Popcorn Chicken Salad | 16 BBQ Sloppy Joe Pizza Wedge Popcorn Chicken Salad | 17 Macaroni & Cheese Pizza Wedge Popcorn Chicken Salad (Green Peas) | |
| 20 Chicken Patty Sandwich Pizza Wedge Pizza Bagel Kit | 21 School Closed In-Service | 22 Chicken Tenders Pizza Wedge Pizza Bagel Kit Feature Vegetable Red Pepper Strips | 23 Beef Cheesesteak Pizza Wedge Pizza Bagel Kit | 24 School Closed In-Service | |
| 27 Memorial Day Holiday schools & offices closed | 28 Cheese Quesadilla Pizza Wedge Beef Nacho Salad | 29 Macaroni & Cheese Pizza Wedge Beef Nacho Salad | 30 Spicy Chicken Bites Pizza Wedge Beef Nacho Salad | 31 French Toast Sticks Pizza Wedge Beef Nacho Salad (Tater Tots) | |



Did You Know?

Breakfast and Lunch is available to every student at NO CHARGE.

Important School Information can be found on the district website (<http://www.upperdarbysd.org/>) under services -> food services. This includes online prepayment information through myschoolbucks.com (registering for myschoolbucks.com is free, but a \$2.49 Program fee may apply).

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